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HEALTHY DRINKS | Apr 25, 2015

## 10 Juice Recipes that Get You Tipsy

Kale as a cocktail mixer? Yes, please! Get drunk on nutrients with healthy cocktails that combine fruits, vegetables, and green juices with your favorite spirits



By Rachael Schultz

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11 of 11 | Thyme-Infused Avua Cachaça Juice

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Darrow's Farm Fresh

Avua Cachaça is a type of distilled spirit made from sugarcane juice. Infusing with thyme offers a uniquely seasoned sweetness to the drink.

**Ingredients:**

- 750 milliliters of Avua Cachaça
- Handful (about 1 1/2 pound) of thyme, plus more for garnish
- 3 slices of cucumber, 1/4-inch thick
- 3/4 ounces fresh lemon juice
- 1/2 ounce raw honey

**Directions:**

- To infuse the alcohol, combine Avua Cachaça and thyme. Twist the thyme over the quart container before dumping it in. Cover, and then let it sit in a dark space for 48 hours. Strain the thyme pulp out of the infused cachaça. Throw away the pulp. The thyme-infused cachaça will now have a middle/ dark green color to it as opposed to the original clear color.
- For the cocktail, muddle cucumber. Add 1 1/2 ounces of thyme-infused Avua cachaça, lemon juice, and raw honey. Shake vigorously with ice and strain in to a coupe glass. Add piece of three-inch thyme as a garnish if desired.

Recipe provided by [Darrow's Farm Fresh](#) in New York City.

**This Recipe**

- Skill Level:
- Serves: 1
- Start to Finish: **Less than 15 minutes**
- Prep: 5 minutes
- Cook: 5 minutes

**Nutrition Facts**

Amount per serving:

- Sodium
- Carbs
- Fiber
- Fat
- Saturated Fat
- Sugars
- Protein
- Calcium
- Iron

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Shape.com  
**Jacyln Sklaver**  
 UFC Trainer

**Get a Behind the Scenes Peek at the UFC Gym**

Our fitness editor visited the UFC Gym in Manhattan for an empowering kickboxing routine.

kickboxing workouts